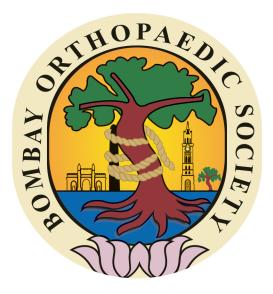
Journal of CLINICAL ORTHOPAEDICS



Official Publication of Bombay Orthopaedic Society

Journal of Clinical Orthopaedics (ISSN 2456-6993) is Indexed with Index Copernicus (IC Value 2016: 49.45), Google Scholar and DRJI. The Journal is available in both online and print versions

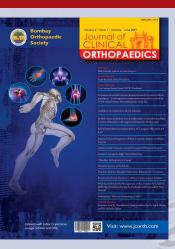
1st July 2019

Journal of Clinical Orthopaedics International Edition - ISSN 2456-6993 "© 2019, Journal of Clinical Orthopaedics, All rights reserved"

No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, phototyping, recording or otherwise, without prior permission from the Copyright Holders Journal of Clinical Orthopaedics is published two times a year by the Bombay Orthopaedic Society. Publication is facilitated by ResearchOne Publications : A division of Indian Orthopaedic Research Group. Copyright of the content published in the journal are solely owned by the Authors and Licensed to Bombay Orthopaedic Society and publisher. The ideas and Opinions expressed in Journal of Clinical Orthopaedics do not necessarily reflect those of the Editorial board or the publisher. The publisher, the editors, the authors and the Journal of Clinical Orthopaedics do not assume any responsibility for any injury and/or damage to persons or property arising out of or related to use of the material contained in this periodical. The reader is advised to check the appropriate medical literature before administering any drug or treatment. Mention of any product in this issue should not be considered as endorsement by the contributors, editors or the publisher of the product of manufacturer's claims

An electronic version of this edition is available at www.jcorth.com For any query or inquiry please contact: editor.jcorth@gmail.com

Journal of Clinical Orthopaedics | Volume 6 | Issue 1 | January - June 2021



Articles appearing in this print version are also available online on the website of the Journal. Supplementary materials like videos and other media may be available only on the website. These are marked in the text whenever indicated.

Please cite all articles by year, volume and page numbers example Journal of Clinical Orthopaedics 2019 July -Dec: 3(2);36-39 A note on how to cite appears at the end of every article and this is the form in which reference will appear on pubmed and other indexing bodies.

Journal of Clinical Orthopaedics aims to publish scientific manuscripts in form of current reviews, original research, perspectives, meta-analyses, case reports, surgical techniques, editorials and letters to editors. The focus of the Journal includes the entire spectrum of Orthopaedics and related science.

Official Journal of Bombay Orthopaedic Society. All rights of the Journal are reserved with the Society © 2019

Editorial Contact: Dr. Nicholas Antao editor.jcorth@gmail.com

Journal Publisher: ResearchOne® Publishing House, division of Indian Orthopaedic Research Group, Thane, Maharashtra, India. 400604







Dr. Nicholas Antao

Dr. Ashok K. Shyam

Editorial

Half a decade, and we are marching on! Nicholas Antao, Ashok K Shyam

Guest Editorial

- From the Desk of the President... Shubhranshu S. Mohanty
- 10 Lessons to Learned From Covid Pandemic Parag Sancheti, Ashok Shyam

Research Article

- Barriers In Social Integration Of Post Traumatic Spinal Cord Injury Patients Quamar Azam, Bhaskar Sarkar, Siddharth Dubey, Javed Khan, Siddharth Lamba
- ALPSA Lesion or Bankart does it really matter in shoulder instability? A review of literature with surgical technique for ALPSA repair
- Timothy Weiwen Teo, Andy Teck Huat Wee
- Treatment of unstable intertrochanteric femoral fractures in elderly population A retrospective comparison between those treated by PFNA versus Primary Hemiarthroplasty of the hip Ranade Uday Arun, Anne Sai Laxman

Review Articles

- **Current Concepts In High Tibial Osteotomy** Vikram Arun Mhaskar,Yogesh Jain, Jitendra Maheshwari
- **Tibial Condyle Fractures: Current Concepts Of Internal Fixation** *Vivek Shetty, Sajeev Shekhar, Yash Wagh*
- Role of anterolateral reconstruction in ACL surgery, why, when and how? Philippe Landreau
- Guidelines on Infection after ACL Reconstruction I. Geethan, Raju Easwaran
- First time anterior shoulder dislocation: rationale for treatment Shirish S Pathak, Gaurav Waghmare
- Chondral Lesions of the Patella Deepak Goel
- **"Shoulder Arthroplasty in Young**" Nagraj Shetty

Potpourri

Recent and relevant literature in 2020 on trauma around shoulder Sandeep R Biraris

BOS Potpourri Section – What has evolved in the Management of Anterior Cruciate Ligament Injuries First Half of 2020 When World was facing the Pandemic and the So-Called "New Normal" Abhishek Arun Nerurkar

Arthroplasty – What was interesting in 2020? Harish Bhende, Prakash K George, Deven Kuruwa

Whats new in Paediatric Orthopaedics in 2020? Arkesh M, Sandeep Patwardhan, Ashok Shyam

OrthoWalkathon

Interview with Dr. Nandkishore Laud conducted by Dr Ashok Shyam and Dr. Nicholas Antao Nandkishore Laud