

Editorial

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Our last WIROC-22 issue was mainly on paediatrics articles from a well written, accepted and acclaimed symposium on “Office Orthopaedics in Paediatrics”

This issue contains thought provoking articles that were not covered earlier in that symposium.

Whereas anterior knee pain in adults is quite complex, similar pain in the paediatrics age can be quite perplexing. A well written article here will help you to gather your thoughts and make precision diagnosis.

Any deformity in the child is quite disabling and depressing for the parent that they very keen to get treatment to correct the same as early as possible. Can you imagine the agony of the parent when their child has such a deformity congenital or acquired and they would be very keen to do everything on earth to free the child of the same? The role of braces is well discussed in this issue and will be very helpful in guiding them to avoid their fear.

Flat feet are a common entity often worrying the parent, that their ward is not walking properly, complaining about pain while walking, running or the shoes

get worn out fast. The most information given in the article is to understand the difference between rigid flat feet and correctible flat feet and the associated tight tissues and joints to be notably corrected.

CTEV is a common congenital deformity of the feet and the evolution of Ponsetti's method with Pirani's score helps you to understand deeper into the problem and the knowledge how to correct the deformity through serial manipulation and plastering. The author has described the method very succinctly.

We all know how difficult is to get rid of pain of gouty arthritis with allopathic medicine and even surgical methods often do not give the desired results to make patient pain-free of the ailment. A multicentric study revealed that herbal therapy is more effective than allopathic therapy is very interesting and informative. Another multicentric review on non-operative treatment of early osteoarthritis is interesting is indeed very interesting with Orthobiologics playing a major role in defining the its role and how effective it

can be in the initial stages.

We are happy that this issue has multicentric study reviews which is very encouraging and the most important factor to take indexing of the journal to a higher level.

All of us are aware of how much the COVID took the toll of medical and paramedics life, interpersonal relationships, workplace issue and various other problems in the management of this pandemic. The article Burnout in COVID-19 residency highlighted the innumerable problems and issues the resident faced in tackling the pandemic. They concluded that the educators should consider pertinent instruction and interventions during the process of instructing resident doctors which is vital to save the life of the patient, resident, paramedics and better management of the patient and the burn out. An interesting, rare case report on giant cell tumor of the tendon sheath is very informative.

Finally, the article on prevention of sports injuries is an eye opener to counsel patients with sports injuries to prevent further deterioration of the injury.

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